Daily Reminders/Misc.

- Watch Governor Burgum’s update on **Monday, Wednesday, and Friday** (unless otherwise noted) at 3:30 pm CST (available on local news or NDDOH social media).
- Previous updates are archived on our website, and can be found here: https://www.health.nd.gov/epr/emergency-medical-systems/covid-19-ems/
  
  - We apologize for the interruption in updates and thank you for your patience while we worked through some technical difficulties!

- **National Nurses Week started on May 6th!** Make sure to show your appreciation during these hard times, and learn about the history of National Nurses Week [here](#).

New and Current Guidance/Items of Interest

- **NEW** ems1.com – First responders, COVID-19 and stress: Tips for finding peace [here](#)
- **NEW** ems1.com – Compassion fatigue: The hidden danger of concurrent national public health emergencies [here](#)
- **NEW** ems1.com – Nonprofit offers free online support groups for COVID-19 responders [here](#)
- NVFC Volunteer Firefighter Support Fund – For volunteer firefighters and emergency personnel who have been impacted by a state- or federally-declared disaster or a home fire. This fund was originally created in response to Hurricanes Katrina and Rita, and continues to operate in response to other disasters and emergencies, including the COVID-19 pandemic. Learn more about eligibility (or if you are able to donate to help your fellow responders) [here](#)
- **NEW** ESO has compiled COVID-19 trends from their national dataset and related operational considerations. Both are available in the [ESO COVID-19 Resource Center](#).
- The First Responders Children’s Foundation – Individual and Agency grants may be available for first responders and their families who are enduring financial hardship due to the coronavirus outbreak. Learn more about eligibility and/or donations [here](#)
- ems1.com podcast episode – Inside the NY COVID-19 surge: An EMT shares his experience on the frontlines [here](#)

Links

- NDDOH Website [https://www.health.nd.gov/](https://www.health.nd.gov/)
- International Critical Incident Stress Foundation COVID-19 Resources: [https://icisf.org/covid19-resources/](https://icisf.org/covid19-resources/)
- ND HAN Website [http://hanassets.nd.gov/](http://hanassets.nd.gov/)

Please call us with your concerns! (701) 328-0707 gets you the Operations Center